

HELP



HOME E-LEARNING PLAN

 KIRAN FOUNDATION

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Created for: All Schools and Academic Institutions

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Background

As the virus spreads, Pakistan like every country has taken measures to restrict movement as part of efforts to flatten the curve and minimize further spread. New realities of temporary unemployment and closure of small businesses have set in. In addition to this, governments around the world closed all educational institutions as children are highly susceptible of contracting the virus which could be deadly for them.

Adapting to lifestyle changes is challenging for all of us. Dr Murad Moosa Khan of Aga Khan University Hospital fears that mental health consequences, such as anxiety, depression, post-traumatic disorders from the pandemic will be enormous. Unemployment, job losses and decreased income will further exacerbate these.

With pre-existing vulnerabilities of our system, social and economic impact on population especially the ones in underserved and marginalized areas has been devastating. Adding further pressure on individuals in form of additional required resources for home-schooling will be catastrophic.

First Attempt:

Kiran Foundation in regards to continuity of education through remote learning launched a program where children were asked to connect through whatsapp with their teachers to start school work. Whatsapp being a more accessible means of connection required simpler devices and low bandwidth of internet.

However, this placed a big stress on the one parent who carried a smart phone. We then took survey of how many could access Zoom. Only 50-55 had the resources to connect with zoom. Others felt left out and extremely worried that they were losing out on school studies.

Later, with load shedding setting in two hours, three times a day added with extreme connectivity issues made it extremely difficult and became a stress trigger for the parents. These factors rather than serving as a nexus between the teacher, students and the caregiver, became an imbroglio causing further frustration to the entire family of average 4-5 children who wanted to connect at the same time as none of them wanted to be left behind.

A More Mindful Plan

KF has devised a re-evaluated plan for E-learning under the acronyms HELP (Home E-learning Program) with total screen time for a student is an average of 8-10 hours per week. Online interactive classroom discussion is limited to 4-5 hours through zoom, google Meet or whatsapp, alongside 4 hours of educational material that the students can access at the time of their own comfort which includes surfing, watching documentaries, reading online stories etc.

This educational plan focuses on the learning of a child based on topics and fields of study that they may not be taught in school to enhance the student knowledge base. This does not place pressure on the children who due to lack of resources are unable to join.

As school courses will not be touched the feeling of 'race' is taken away. The children have been promoted to their new classes but the new course will only be started once and when the schools are safe to reopen. Different grade levels have been given names and will not be called by their grade level, so as to give a softer and fun aspect to the learning.

Meanwhile, we will keep placing pressure on the authorities to reduce the course size once school reopens.

There are no assignments, tests or exams during HELP.

Meet you teacher (MYT)

The important element of this program is the 2-hour weekly session with the primary care giver at home. We call these the MYT (meet your teacher) sessions, which is also a regular weekly feature of our school (Appreciated and cherished by the parents). A weekly plan of ideas and activities that a parent will do with their child is given to them without undue pressure of reporting or accountability factor attached to it.

Here, a strong buddy system has been made between the parents who have the accessibility to zoom with the ones who don't, so they may share the activities and ideas with them through a phone call or normal message.

However, as more parents are available on what's app groups and use this resource to share content thus Parents are then encouraged to video record the activities and share in whatsapp groups which is as a motivator for many more. These whatsapp groups are maintained with 30 primary care givers by the home facilitator. These groups have been established since the time of admission of the students into our school.

The Facilitators

This program requires one strong Home facilitator and one Co-facilitator to every group of 30 students. Within our system we shuffled the roles of our teachers' in accordance with keeping following prerequisites as guidelines.

Prerequisite for Home facilitators:

1. Technology driven (with self-sufficiency of laptops)
2. Research Inclined
3. Energetic, Proactive, Enthusiastic
4. Self-motivated to create weekly Reports
5. Knowledge beyond subject domain
6. Ability to sustain and guide Parents

Elements of Weekly Plans

- Feature Film / Documentary (Twice a week)
- Educational Video clips (less than 15 minutes) (once a week- Karmatube.org, TedED, The infographics show, Vox, Vice, Simple History, Current Affairs, bbc.co.pk, World Facts, Nas Daily etc)
- Project - one weekly, through DIY videos (Art, Handy work, Recycling, Planting, Cooking)
- Book Group (1 book for a month) (7 habits of Highly effective teens, Harry Potter, Hunger games, Jungle Book etc)
- Kahani Time (goread.pk, storyline online. Kahani time with sania saeed, kahani time with erum Khatri. These resources are available on YouTube)
- Online interactive class 2 hours meeting (Once/ twice a week - discussion on book/ Film/ Documentary)
- WOW talk/ speaker sessions/, outsourced courses/ Workshops (Once a Month- Separate from above and only for older students)
- 2 hours of MYT (once a week with the primary care giver)

Do's

- The facilitator has to go through all the material suggested to the student to watch, listen or read prior to suggesting it to students this includes all the elements of weekly plans (even books)
- All lesson plans are to be submitted to the academic coordinator through google docs, 2 weeks before the class.
- All facilitators have to participate in a 2-3-hour reflection with all the leads once a week.
- A facilitator's camera should always be on during online sessions
- All student cameras are instructed to use the raise hand feature as their microphones are muted at the start of the class.
- Students need to have a note taking diary and are encouraged to write thoughts and notes during watching movies and documentaries. Prompts for what to notice in those videos is given by the facilitator. For e.g.
 - Which part of the film connects to your own life?
 - Any character of the movie that reminds you of any person to know in real life, Why?
 - Your Aha moment in the story?

Don'ts

- Facilitators should not be doing home chores while in online interactive classes.
- Facilitator may coffee, tea while teaching but should avoid eating during sessions.
- Facilitators should not share any personal information or introduce kids to family members while being online.
- No marked tests, assignments or exams should be taken on the topics taught.
- Attendance should be marked silently and NOT announced. (facilitator should be concerned about who has not been attending and check up on that child personally rather than making it an obvious case of absence in the class)

Weekly Lesson Plan Template -Grade 3 to Grade 10

Prerequisite for a child -note taking diary

AVG student screen time 8-10 hours per week

AVG teacher's screen time 4 hours + Reflection 2 + Research (this can be open ended)

Tasks	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Online Session							
Feature Film/ extended documentary							
Educational Clip							
Book							
Project							
WOW Talk							

WEEKLY LESSON PLAN SAMPLE— GRADE 7

Tasks	Monday	Tuesday	Wednes -day	Thursday	Friday	Satur - day	Sun- day
Online Session	10-12am How to take quick notes Tone Setting Discussion of last week's learnings			10-12am Book review chapter 1/ Race to space and SpaceX			
Feature Film/ extended documentary	10 Commandments https://www.youtube.com/watch?v=8lhYIKL6ED4			Our Planet - Jungles https://www.youtube.com/watch?v=Um2Q9aUecy0			
Educational Clip		Race to space https://www.youtube.com/watch?v=ExoC-8f--xQ		COVID19 and how it spreads https://www.youtube.com/watch?v=EVlGHr3UwUQ			
Book	Holes: Chapter 1 page 1-2	Chapter 1 page 3-4	Chapter 1 Page 5-7	Chapter 2 Page 8-12	Chapter 2 Page 13-15	Chapter 2 Page 16-19	
Project	Make a home made Speaker https://www.youtube.com/watch?v=9UCnV7hc-eil						Make Daal with your mother https://www.youtube.com/watch?v=IPIs0v6s78o
WOW Talk/ MYT			Wow talk by Sara - on patriarchy 5pm			MYT at 9-11am	

Weekly Lesson Plan Template - Template Preschool to Grade 2

Prerequisite for a child -parent supervision and involvement
AVG Screen Time 4 Hours a Week

Tasks	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Online Session							
Feature Film/ extended documentary							
Educational Clip (not more than 15 minutes)							
Kahani Time							
Project							
Home chores/ Routine							

WEEKLY LESSON PLAN SAMPLE – GRADE 1

Tasks	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Online Session	With the child - 10-11					MYT 10-12	
Feature Film/ extended documentary	Nemo - https://www.youtube.com/watch?v=JQicRp5UjVE						
Educational Clip (not more than 15 minutes)		Baba Black sheep https://www.youtube.com/watch?v=MRSXSQdIKMA	1 each day	1 each day	Phonics song youtube.com/watch?v=hq3yfQnllfQ		
Kahani Time		Kahani by family member	Dupatta (GOREAD) https://www.youtube.com/watch?v=ERz-DCz3dP0&list=PLxCY0U6U1cdIXw_DVU8eCIMIY9QI1Zyzk	Kahani by family member	Ginger breadman https://www.youtube.com/watch?v=pckus--UjV4	Kahani with Erum https://www.youtube.com/watch?v=eWZZZ9wup5E	
Project	1 project for the week						
Home chores/ Routine	Jharru day	Dish washing day	Dusting day	Shoe polish day	Bed making day	Dastarkhuan laying day	Kitchen help day