

ایک شفقت بهر معاشر کا تصور

### I AM MUNTAHA!

I'm a Habibian and I feel extremely humble and grateful to have secured an A\* this year in my 9th grade Aga Khan board exam.

How did I reach here?

Well, it all happened when I was 1 year old and my mother was going through an extremely abusive marriage. She met a lady called Sabina khatri who gave her the courage to believe in herself. Back then as a baby I didn't know that this connection would become a life changing experience for my mother and eventually me.



#### I DIDN'T KNOW THAT THIS CONNECTION WOULD BECOME A LIFE CHANGER

I have been told that Kiran started with me being the first child. This makes me feel responsible and like a true successor. I know I need to be capable enough to hold Kiran for another 50 years however the love and ownership I feel is nothing that comes from any books or degrees that I will Insha Allah achieve. This love is the kind a child feels for its mother. Kiran is my home and Sabina Khatri is my Maa.

At the age of 2, I became the first student of the Kiran Ibtadai school. Kiran provided me and my mother a safe space to nurture, groom and express ourselves freely and comfortably.



#### THIS MAKES ME FEEL RESPONSIBLE AND LIKE A TRUE SUCCESSOR

Not only I was supported academically but also mentally, socially and emotionally. At the Ibtadai was prepared Habib girls school which was a breakthrough for my family. This journey of 12 years wasn't easy at all, but the fact I wasn't alone in this journey and I had 19 more little friends with their mothers also getting healed to dream big. I kept working hard and I never gave up. The biggest role in my success is that of my mother! Being a single parent and a brave survivor of abuse, she never reflected her pains and deprivations onto me. She never let me feel the struggles she went through until I was old enough to understand. She never let me feel the absence of a father.



## THE BIGGEST ROLE IN MY SUCCESS IS THAT OF MY MOTHER!

I've lived my life knowing my mother as the strongest women in this world fulfilling responsibilities even better than both mother and father can do together.

She has always encouraged me, understood my dreams and motivating me to achieve them.

I'll never have enough words to appreciate her and tell her how proud I am to be her daughter.

Today that I am grown up I want my mother to find happiness and do whatever she wants to do in life. I want

her to heal from the pain my father caused her.

## I WANT HER TO HEAL FROM THE PAIN MY FATHER CAUSED HER

Moreover Sabbi ma has played a vital role in my life, always supporting me. She is the inspiration of my life. She has been the caring adult me and my mother needed to reach where we are today. I am proud to be an Ambassador of love in a society that thrives on aggression. I feel I am an integral part of a revolution which will save our world from wars and injustice.

I have lots of goals in my life, some collective some personal but they all are directed towards one big vision

personal but they all are directed towards one big vision and that is to raise awareness of Mental Health and wellbeing making love and kindness as my tools.

I want become an inspiration to maybe other young souls like me who go through the trauma and want to heal.

# I AM PROUD TO BE AN AMBASSADOR OF LOVE IN A SOCIETY

Lastly, I would like to give a short message to the young generation out there that 'don't think what will happen if you fail! Think,

How would you feel if could fly? Don't ever give up on yourself, NOW is the time to be the best version of yourself. Go for it! Built courage to pursue your dreams, live them, act on them therefore don't forget to smile because your smile can make ordinary conversations meaningful.

Celebrate your presence in the NOW and wake up everyday thinking that today you'll be a better person than what you were yesterday'

#### NOW IS THE TIME TO BE THE BEST VERSION OF YOURSELF



MUNTEHA 29 AUG 2019